KATHRYN ROSZAK
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PROGRAM LEVELS
(Ages etc.also available on our website:dlkdance.com)

Dear Parents,

We are a small, high quality program specializing in dance education for young children. We thought we would offer more details to you on our levels. Careful attention is put into the development of all our levels. We have many children that have danced with us for 3-4 years or more (the average is 1-2 years). Children all grow and respond at different rates but classes are designed to progress at rates that are developmentally appropriate for your child's age. Our teachers are very experienced professional dancers who have taught for approximately 10 years or more. Our teachers recommend children's placement and we hope you will follow their guidance.

Creative Movement/Pre-Ballet (meets Mondays, ages 3-5, 45 minutes). Children learn coordination, motor-skills, listening, rhythm, working in a group, and gaining confidence on their own. We sometimes have 5-6 year olds in this class either because they are with siblings or because creative dance is developmentally the right place for them and they enjoy it.

Ballet 1 and 2 (meets Mondays for ages 5-6, 1 hour). This is designed to be a yearlong course or more. Ballet 1 introduces ballet: basic barre work and center exercises with emphasis on rhythm and musicality. Ballet 2 introduces more ballet vocabulary in both barre and center including principles of balance, turning and jumping. There is a lot to learn at this level. Performances are especially created in accordance with these levels. Ballet 2 students will be offered accelerated work and more challenging parts in recitals. They will also take on leadership roles in the class.

Ballet 2 and 3 (meets Wednesdays for ages 7-8 plus, 1hour). This program is generally for students who have studied a year or more –either with us or elsewhere. This class includes 20-30 minutes at the barre and accelerated center work. Combinations of movement are now offered and included in recital material. This class involves a good deal of concentration and is challenging**.**

Ballet 3 and 4 (meets Wednesdays for ages 8-12 plus, 1 hour). This class is for dancers with one to two years or more of training and involves more dance technique and performing. Teamwork is emphasized and the older children develop further leadership skills. We will be offering a pre-point class to strengthen the feet for 9-12 year olds soon (and our summer camp offers opportunities for older children).

If you have questions, please don't hesitate to contact us at 510-233-5550.